

Session Outline (1.5 to 2 hours)



LEAD with INSIGHT

90 to 120 minute session for leaders and managers

TIME	LEAD WITH INSIGHT	
5 min	OPENING Aligning the session with the corporate culture and vision Focusing on the best in yourself and others	AWARENESS
5 min	BENEFITS Improving team productivity Making leadership more rewarding	
30 min	INSIGHT INVENTORY TRAITS Understanding the four traits Seeing the strengths in each trait preference	UNDERSTANDING
10 min	ENVIRONMENT Exploring Work Style and Personal Style differences Learning when others change trait preferences	
15 min	TRAIT WALK ACTIVITY Getting participants engaged Seeing traits in 3D	
20 min	STRESS Anticipating stress reactions Helping rather than judging	ACTION
15 min	FLEXING Answering the “So what?” question Flexing first, the responsibility of leaders	
10 min	TEAM MAP ACTIVITY Creating a team map Discussing gaps and overlaps	
10 min	SUMMARY INSIGHTS Soliciting insights from participants Adding an impactful closing	INSIGHT
Total		
120 min		